

I Cry Out Before

You

Psalms 88

Alone and Feeling Like Death

v1-9a

1 of 3

Psalm 88:1-9a ESV

- ¹ O LORD, God of my salvation;
I cry out day and night before you.
- ² Let my prayer come before you;
incline your ear to my cry!
- ³ For my soul is full of troubles,
and my life draws near to Sheol.
- ⁴ I am counted among those who go down to the pit;
I am a man who has no strength,
- ⁵ like one set loose among the dead,
like the slain that lie in the grave,
like those whom you remember no more,
for they are cut off from your hand.
- ⁶ You have put me in the depths of the pit,
in the regions dark and deep.
- ⁷ Your wrath lies heavy upon me,
and you overwhelm me with all your waves. *Selah*
- ⁸ You have caused my companions to shun me;
you have made me a horror to them.
I am shut in so that I cannot escape;
- ⁹ my eye grows dim through sorrow.

Confused

v9b-12

Psalms 88:9b-12 ESV

Every day I call upon you, O LORD;
I spread out my hands to you.

¹⁰ Do you work wonders for the dead?

Do the departed rise up to praise you? *Selah*

¹¹ Is your steadfast love declared in the grave,
or your faithfulness in Abaddon?

¹² Are your wonders known in the darkness,
or your righteousness in the land of forgetfulness?

Cast Away and Abandoned v13-18

3 of 3

Psalms 88:13-18 ESV

- ¹³ But I, O LORD, cry to you;
in the morning my prayer comes before you.
- ¹⁴ O LORD, why do you cast my soul away?
Why do you hide your face from me?
- ¹⁵ Afflicted and close to death from my youth up,
I suffer your terrors; I am helpless.
- ¹⁶ Your wrath has swept over me;
your dreadful assaults destroy me.
- ¹⁷ They surround me like a flood all day long;
they close in on me together.
- ¹⁸ You have caused my beloved
and my friend to shun me;
my companions have become darkness.

Three **Glimmers** of Hope

- God has not changed
- Crying is a Sign of Life
- Christ Suffered